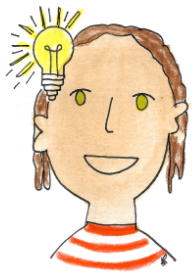
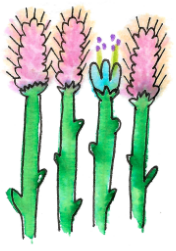
Act kindly.



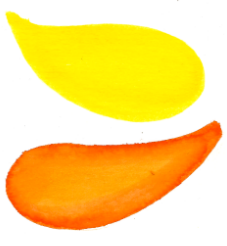
Be present.



Cherish diversity.

Do things together.

Encourage sharing.

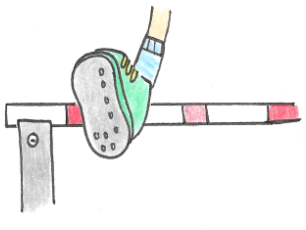


Feedback fairly.

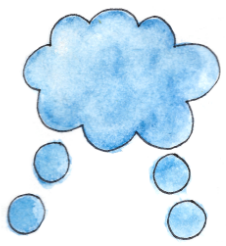
Greet new members of staff.

Have fun planning.

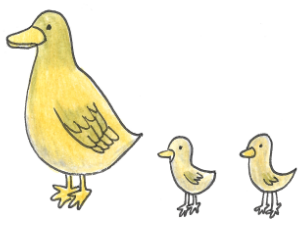
Invest in yourself.



Jump over hurdles together.

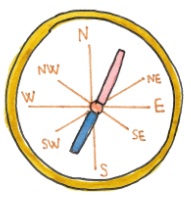


Keep dreaming.



Lead by example.

Mean what you say.



Navigate together.

Observe others.

Praise and be praised.

Question old habits.

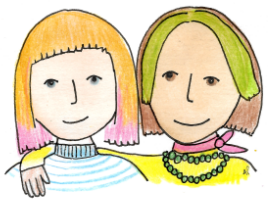
Rise above petty politics.

Surprise your colleagues.

Take the time.

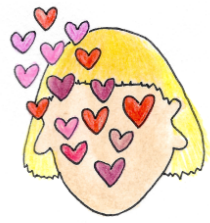
Understand your body language.

Visit other workplaces.

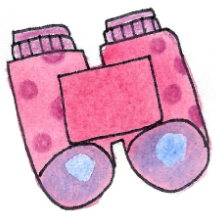


Welcome help.

Rela X



You matter.



Zoom into talent.

Staff Wellbeing Alphabet

The Colournauts