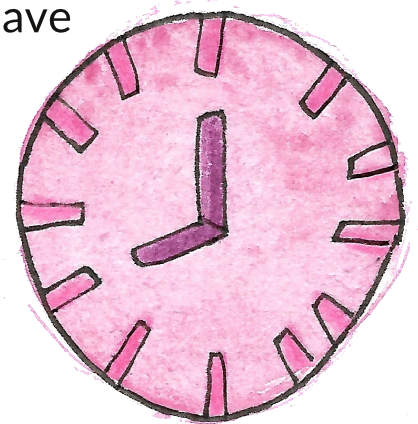


# Take the time.

So often misunderstandings happen because someone was in a hurry. Now the time pressure, of course, is something you can never get completely rid of at a workplace, but instead you can do your best to take the time when it's needed.

This week we'd like you to make sure that you book time to have conversations somewhere else than in the corridors, while someone is already late for a meeting or call. Even if you just book 10 minutes to have a conversation, it means that there is appropriate time allocated for the issue. This way the person feels like what they wanted to discuss is valued and they feel truly heard which will make a huge difference for their wellbeing at work.



**Time is all you need!**