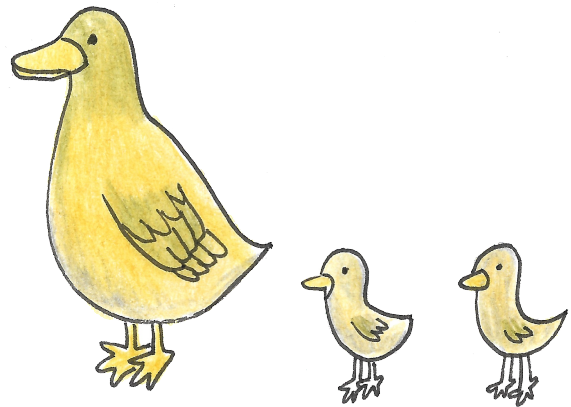


Lead by example.

We all look up to someone and someone always looks up to you. This week we'd like you to focus on reflecting on the choices that you make in your everyday work life and how they come across to others.

Everyone can set an example, whether it's about keeping the communal areas tidy, or greeting people in the morning. Think about the example you are setting and how you present yourself in the workplace. People are more likely to pick up a habit from someone else than to come up by themselves. That's why it's important to be mindful of the way we behave, interact and communicate in the workplace every day.



Set a good example!

