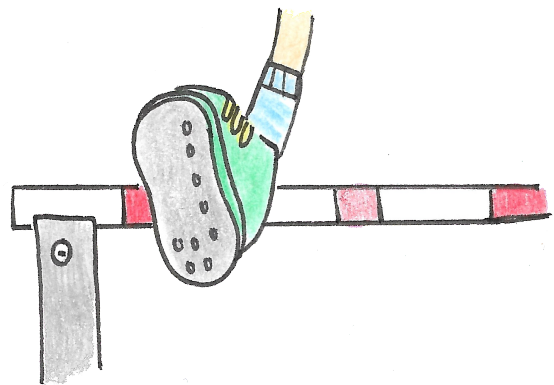


# Jump over hurdles together.

This week the focus is on teamwork. Hurdles are unavoidable in every workplace. The question is what do you do when you come across them. To work together on a hurdle is likely to help everyone's wellbeing. Not only will the hurdle be solved (in most cases) but working together on something also feels good.

It might be that you've already identified some hurdles or maybe now is the time to do that. Either way, this week think about how you can as a team to overcome the hurdle.

Even if you don't manage to overcome the hurdle, sometimes just sharing it with colleagues makes all the difference, as then you know that others are also working on trying to find a solution.



**Teamwork is dream work!**